

Moretonhampstead Primary School

Physical Education, Daily Physical Activity and School Sport (PEDPASS) 2012-13

The health and fitness of our children is of great importance to us. We are lucky to be part of the Dartmoor School Sport Partnership. All the children receive 2 hours a week of PE lessons (based on the National Curriculum). Planning is based on a common curriculum which is shared by all the schools in the partnership and runs on a two year rotation of sports. This enables us to take advantage of training, festivals and tournaments with other schools. Children are also invited to coaching sessions at South Dartmoor's Ashmoor Centre and are encouraged to join outside clubs. In Reception and Key Stage 1 the children take part in a programme called 'Leap into Life', a physical literacy programme that helps to develop the children's core skills.

Key Stage 2

In Shapley, Mardon and Butterdon, skills this year will be taught through the following subjects:

Autumn: Tag rugby, Gymnastics, Dance, Basketball.

Spring: Handball, Gym, Tennis, Dance.

Summer: Cricket, Athletics, Swimming.

The levels taught depend on the children's ages and ability levels. There are some opportunities for whole class festivals (e.g. tag rugby and dance) and more competitive tournament with other schools. We will also run an inter-house competition in the summer term (either tag-rugby or handball) as well as a School Sports Day event.

Foundation Stage and KS1

In Cranbrook, Pepperdon and Easdon the children follow a regular programme of physical literacy.

Leap into Life is centred on four strands:

1. Functional movement – This is the development of fundamental movement skills.
2. Aesthetic movement – This incorporates body awareness and the ability to interpret a variety of stimuli through movement focused on dance and gymnastics.
3. Manipulative skills – This focuses on the ability to work with equipment and small apparatus and the co-ordination of movements.
4. Movement concepts – This is the development of, decision making, how, where and why to move and directional awareness.

Each stand is taught progressively from Reception through to the end of Year 2. Towards the end of year 2 the children start to play invasion games in preparation for KS2. This allows them to apply the skills that they have learnt and developed. As with KS2 the children in years 1 and 2 have the opportunity to take part in dance and multi-skill festivals with other schools.

School Sports Day in the summer term allows all the children from across the school to come together for a day of sport. There is a range of skill based team events in the morning followed by athletic events in the afternoon.